

12.3 Pharmacokinetics

Absorption

The absolute bioavailability of a metformin hydrochloride 500 mg tablet given under fasting conditions is approximately 50% to 60%. Studies using single oral doses of metformin hydrochloride 500 to 1500 mg and 850 to 2550 mg, indicate that there is a lack of dose proportionality with increasing doses, which is due to decreased absorption rather than an alteration in elimination. At usual clinical doses and dosing schedules of metformin hydrochloride, steady state plasma concentrations of metformin are reached within 24 to 48 hours and are generally <1 µg/mL.

Effect of food: Food decreases the extent of absorption and slightly delays the absorption of metformin, as shown by approximately a 40% lower mean peak plasma concentration (C_{max}), a 25% lower area under the plasma concentration versus time curve (AUC), and a 35-minute prolongation of time to peak plasma concentration (T_{max}) following administration of a single 850 mg tablet of Metformin Hydrochloride with food, compared to the same tablet strength administered fasting.

Distribution

The apparent volume of distribution (V/F) of metformin following single oral doses of Metformin Hydrochloride 850 mg averaged 654 ± 350 L. Metformin is negligibly bound to plasma proteins. Metformin partitions into erythrocytes, most likely as a function of time.

Metabolism

Intravenous single-dose studies in normal subjects demonstrate that metformin is excreted unchanged in the urine and does not undergo hepatic metabolism (no metabolites have been identified in humans) nor biliary excretion.

Elimination

Renal clearance (see Table 4) is approximately 3.5 times greater than creatinine clearance, which indicates that tubular secretion is the major route of metformin elimination. Following oral administration, approximately 90% of the absorbed drug is eliminated via the renal route within the first 24 hours, with a plasma elimination half-life of approximately 6.2 hours. In blood, the elimination half-life is approximately 17.6 hours, suggesting that the erythrocyte mass may be a compartment of distribution.

Specific Populations

Renal Impairment

In patients with decreased renal function the plasma and blood half-life of metformin is prolonged and the renal clearance is decreased (see Table 3) [See *Dosage and Administration* (2.3), *Contraindications* (4), *Warnings and Precautions* (5.1) and *Use in Specific Populations* (8.6)].

Hepatic Impairment

No pharmacokinetic studies of metformin have been conducted in patients with hepatic impairment [See *Warnings and Precautions* (5.1) and *Use in Specific Populations* (8.7)].

Geriatrics

Limited data from controlled pharmacokinetic studies of metformin hydrochloride in healthy elderly subjects suggest that total plasma clearance of metformin is decreased, the half-life is prolonged, and C_{max} is increased, compared to healthy young subjects. It appears that the change in metformin pharmacokinetics with aging is primarily accounted for by a change in renal function (see Table 4). [See *Warnings and Precautions* (5.1) and *Use in Specific Populations* (8.5)].

Table 4: Select Mean (±S.D.) Metformin Pharmacokinetic Parameters Following Single or Multiple Oral Doses of Metformin Hydrochloride Tablets

Subject Groups: Metformin hydrochloride tablets dose ^a (number of subjects)	C_{max} ^b (mcg/mL)	T_{max} ^c (hrs)	Renal Clearance (mL/min)
Healthy, nondiabetic adults: 500 mg single dose (24) 850 mg single dose (74) ^d 850 mg three times daily for 19 doses ^e (9)	1.03 (±0.33) 1.60 (±0.36) 2.01 (±0.42)	2.75 (±0.81) 2.50 (±0.82) 1.79 (±0.94)	600 (±132) 552 (±139) 642 (±173)
Adults with type 2 diabetes: 850 mg single dose (23) 850 mg three times daily for 19 doses ^e (9)	1.48 (±0.5) 1.90 (±0.62)	3.32 (±1.08) 2.01 (±1.22)	491 (±138) 550 (±160)
Elderly^f, healthy nondiabetic adults: 850 mg single dose (12)	2.45 (±0.70)	2.71 (±1.05)	412 (±98)
Renal-impaired adults: 850 mg single dose Mild (CL_{cr} 6 to 90 mL/min) (5) Moderate (CL_{cr} 30 to 60 mL/min) (4) Severe (CL_{cr} 10 to 30 mL/min)(6)	1.86 (±0.52) 4.12 (±1.83) 3.93 (±0.92)	3.20 (±0.45) 3.75 (±0.50) 4.01 (±1.10)	384 (±122) 108 (±57) 130 (±90)

^a All doses given fasting except the first 18 doses of the multiple dose studies

^b Peak plasma concentration

^c Time to peak plasma concentration

^d Combined results (average means) of five studies: mean age 32 years (range 23-59 years)

^e Kinetic study done following dose 19, given fasting

^f Elderly subjects, mean age 71 years (range 65-81 years)

^g CL_{cr} = creatinine clearance normalized to body surface area of 1.73 m²

Pediatrics

After administration of a single oral metformin hydrochloride 500 mg tablet with food, geometric mean metformin C_{max} and AUC differed less than 5% between pediatric type 2 diabetic patients (12-16 years of age) and gender- and weight-matched healthy adults (20-45 years of age), all with normal renal function.

Gender

Metformin pharmacokinetic parameters did not differ significantly between normal subjects and patients with type 2 diabetes mellitus when analyzed according to gender (males=19, females=16).

Race

No studies of metformin pharmacokinetic parameters according to race have been performed.

Drug Interactions

In Vivo Assessment of Drug Interactions

Table 5: Effect of Coadministered Drug on Plasma Metformin Systemic Exposure

Coadministered Drug	Dose of Coadministered Drug ^a	Dose of Metformin ^a	Geometric Mean Ratio (ratio with/without coadministered drug) No Effect = 1.00	AUC ^b	C _{max}
No dosing adjustments required for the following:					
Glyburide	5 mg	850 mg	metformin	0.91 ^c	0.93 ^c
Furosemide	40 mg	850 mg	metformin	1.09 ^d	1.22 ^d
Nifedipine	10 mg	850 mg	metformin	1.16	1.21
Propranolol	40 mg	850 mg	metformin	0.90	0.94
Ibuprofen	400 mg	850 mg	metformin	1.05 ^e	1.07 ^e
Cationic drugs eliminated by renal tubular secretion may reduce metformin elimination					
Cimetidine	400 mg	850 mg	metformin	1.40	1.61
Carbonic anhydrase inhibitors may cause metabolic acidosis [See Warnings and Precautions (5.1).]					
Topiramate	100 mg ^g	500 mg ^g	metformin	1.25 ^h	1.17

^a All metformin and coadministered drugs were given as single doses

^b AUC = AUC(INF)

^c Ratio of arithmetic means

^d At steady state with topiramate 100 mg every 12 hours and metformin 500 mg every 12 hours;

AUC = AUC_{0-12h}

Table 6: Effect of Metformin on Coadministered Drug Systemic Exposure

Coadministered Drug	Dose of Coadministered Drug ^a	Dose of Metformin ^a	Geometric Mean Ratio (ratio with/without metformin) No Effect = 1.00		
				AUC ^b	C _{max}
No dosing adjustments required for the following:					
Glyburide	5 mg	850 mg	glyburide	0.78 ^c	0.63 ^c
Furosemide	40 mg	850 mg	furosemide	0.87 ^c	0.69 ^c
Nifedipine	10 mg	850 mg	nifedipine	1.10 ^d	1.08
Propranolol	40 mg	850 mg	propranolol	1.01 ^h	1.02
Ibuprofen	400 mg	850 mg	ibuprofen	0.97 ^e	1.01 ^e
Cimetidine	400 mg	850 mg	cimetidine	0.95 ^h	1.01

^a All metformin and coadministered drugs were given as single doses

^b AUC = AUC(INF) unless otherwise noted

^c Ratio of arithmetic means, p-value of difference <0.05

^d AUC(0-24 hr) reported

^e Ratio of arithmetic means

13 NONCLINICAL TOXICOLOGY

13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

Long-term carcinogenicity studies have been performed in rats (dosing duration of 104 weeks) and mice (dosing duration of 91 weeks) at doses up to and including 900 mg/kg/day and 1500 mg/kg/day, respectively. These doses are both approximately 3 times the maximum recommended human daily dose of 2550 mg based on body surface area comparisons. No evidence of carcinogenicity with metformin was found in either male or female mice. Similarly, there was no tumorigenic potential observed with metformin in male rats. There was, however, an increased incidence of benign stromal uterine polyps in female rats treated with 900 mg/kg/day.

There was no evidence of a mutagenic potential of metformin in the following *in vitro* tests: Ames test (*S. typhimurium*), gene mutation test (mouse lymphoma cells), or chromosomal aberrations test (human lymphocytes). Results in the *in vivo* mouse micronucleus test were also negative.

Fertility of male or female rats was unaffected by metformin when administered at doses as high as 600 mg/kg/day, which is approximately 2 times the maximum recommended human daily dose of 2550 mg based on body surface area comparisons.

14 CLINICAL STUDIES

14.1 Metformin Hydrochloride Tablets

Adult Clinical Studies

A double-blind, placebo-controlled, multicenter US clinical trial involving obese patients with type 2 diabetes mellitus whose hyperglycemia was not adequately controlled with dietary management alone (baseline fasting plasma glucose [FPG] of approximately 240 mg/dL) was conducted. Patients were treated with Metformin Hydrochloride Tablets (up to 2550 mg/day) or placebo for 29 weeks. The results are presented in Table 7.

Table 7: Mean Change in Fasting Plasma Glucose and HbA1c at Week 29 Comparing Metformin Hydrochloride Tablets vs Placebo in Patients with Type 2 Diabetes Mellitus

	Metformin Hydrochloride Tablets (n=141)	Placebo (n=145)	p-Value
FPG (mg/dL) Baseline Change at FINAL VISIT	241.5 -53.0	237.7 6.3	NS ^a 0.001
Hemoglobin A1c (%) Baseline Change at FINAL VISIT	8.4 -1.4	8.2 0.4	NS ^a 0.001

^a Not statistically significant

Mean baseline body weight was 201 lbs and 206 lbs in the Metformin Hydrochloride Tablets and placebo arms, respectively. Mean change in body weight from baseline to week 29 was -1.4 lbs and -2.4 lbs in the Metformin Hydrochloride Tablets and placebo arms, respectively. A 29-week, double-blind, placebo-controlled study of Metformin Hydrochloride Tablets and glyburide, alone and in combination, was conducted in obese patients with type 2 diabetes mellitus who had failed to achieve adequate glycemic control while on maximum doses of glyburide (baseline FPG of approximately 250 mg/dL). Patients randomized to the combination arm started therapy with Metformin Hydrochloride Tablets 500 mg and glyburide 20 mg. At the end of each week of the first 4 weeks of the trial, these patients had their dosages of Metformin Hydrochloride Tablets increased by 500 mg if they had failed to reach target fasting plasma glucose. After week 4, such dosage adjustments were made monthly, although no patient was allowed to exceed Metformin Hydrochloride Tablets 2500 mg. Patients in the Metformin Hydrochloride Tablets only arm (metformin plus placebo) discontinued glyburide and followed the same titration schedule. Patients in the glyburide arm continued the same dose of glyburide. At the end of the trial, approximately 70% of the patients in the combination group were taking Metformin Hydrochloride Tablets 2000 mg/glyburide 20 mg or Metformin Hydrochloride Tablets 2500 mg/glyburide 20 mg. The results are displayed in Table 8.

Table 8: Mean Change in Fasting Plasma Glucose and HbA1c at Week 29 Comparing Metformin /Glyburide (Comb) vs Glyburide (Glyb) vs Metformin (Met): in Patients with Type 2 Diabetes Mellitus with Inadequate Glycemic Control on Glyburide

	Comb (n=213)	Glyb (n=209)	GLU (n=210)	p-Values		
				Glyb vs Comb	Met vs Comb	Met vs Glyb
Fasting Plasma Glucose (mg/dL) Baseline Change at FINAL VISIT	250.5 -63.5	247.5 13.7	253.9 -0.9	NS ^a 0.001	NS ^a 0.001	NS ^a 0.025
Hemoglobin A1c (%) Baseline Change at FINAL VISIT	8.8 -1.7	8.5 0.2	8.9 -0.4	NS ^a 0.001	NS ^a 0.001	0.007 0.001

^a Not statistically significant

Mean baseline body weight was 202 lbs, 203 lbs, and 204 lbs in the Metformin/glyburide, glyburide, and Metformin arms, respectively. Mean change in body weight from baseline to week 29 was 0.9 lbs., -0.7 lbs., and -8.4 lbs in the Metformin/glyburide, glyburide, and Metformin arms, respectively.

Pediatric Clinical Studies

A double-blind, placebo-controlled study in pediatric patients aged 10 to 16 years with type 2 diabetes mellitus (mean FPG 182.2 mg/dL), treatment with Metformin Hydrochloride Tablets (up to 2000 mg/day) for up to 16 weeks (mean duration of treatment 11 weeks) was conducted. The results are displayed in Table 9.

Table 9: Mean Change in Fasting Plasma Glucose at Week 16 Comparing Metformin Hydrochloride Tablets vs Placebo in Pediatric Patients^a with Type 2 Diabetes Mellitus

	Metformin Hydrochloride Tablets (n=37)	Placebo (n=36)	p-Value
FPG (mg/dL) Baseline Change at FINAL VISIT	162.4 -42.9	192.3 21.4	<0.001

^a Pediatric patients mean age 13.8 years (range 10-16 years)

Mean baseline body weight was 205 lbs and 189 lbs in the Metformin Hydrochloride Tablets and placebo arms, respectively. Mean change in body weight from baseline to week 16 was -3.3 lbs and -2.0 lbs in the Metformin Hydrochloride Tablets and placebo arms, respectively.

16 HOW SUPPLIED/STORAGE AND HANDLING

16.1 How Supplied

Table 13: Metformin Hydrochloride Tablets Available Strengths, Units, and Appearance

Metformin Hydrochloride Tablets			
500 mg	Bottles of 100	NDC 60429-111-01	Metformin Hydrochloride Tablets, USP 500 mg are blackberry flavored, white to off-white, round, biconvex, beveled edge film coated tablets, debossed with 'SG' on one side '105' on other side.
	Bottles of 1000	NDC 60429-111-10	
	Bottles of 120	NDC 60429-111-12	
	Bottles of 180	NDC 60429-111-18	
	Bottles of 270	NDC 60429-111-27	
	Bottles of 360	NDC 60429-111-36	
	Bottles of 450	NDC 60429-111-45	
	Bottles of 60	NDC 60429-111-60	
	Bottles of 90	NDC 60429-111-90	
	Bottles of 100	NDC 60429-112-01	Metformin Hydrochloride Tablets, USP 850 mg are blackberry flavored, white to off-white, round, biconvex, beveled edge film coated tablets, debossed with 'SG' on one side '106' on other side.
850 mg	Bottles of 500	NDC 60429-112-05	
	Bottles of 180	NDC 60429-112-18	
	Bottles of 270	NDC 60429-112-27	
	Bottles of 60	NDC 60429-112-60	
	Bottles of 90	NDC 60429-112-90	
1000 mg	Bottles of 500	NDC 60429-113-05	Metformin Hydrochloride Tablets, USP 1000 mg tablets are blackberry flavored, white to off-white, oval, biconvex, film coated tablets debossed on one side with S on the left side of bisect and G on the right side of bisect and other side 1 on the left side and 07 on the right side of the bisect.
	Bottles of 180	NDC 60429-113-18	
	Bottles of 60	NDC 60429-113-60	
	Bottles of 90	NDC 60429-113-90	

16.2 Storage

Store at 20° to 25° C (68° to 77° F); excursions permitted to 15° to 30° C (59° to 86° F). [See USP Controlled Room Temperature.]

17 PATIENT COUNSELING INFORMATION

Advise the patient to read the FDA-approved patient labeling (Patient Information).

Lactic Acidosis:

Explain the risks of lactic acidosis, its symptoms, and conditions that predispose to its development. Advise patients to discontinue Metformin Hydrochloride Tablets immediately and to promptly notify their healthcare provider if unexplained hyperventilation, myalgias, malaise, unusual somnolence or other nonspecific symptoms occur. Counsel patients against excessive alcohol intake and inform patients about importance of regular testing of renal function while receiving Metformin Hydrochloride Tablets. Instruct patients to inform their doctor that they are taking Metformin Hydrochloride Tablets prior to any surgical or radiological procedure, as temporary discontinuation may be required [See *Warnings and Precautions* (5.1)].

Hypoglycemia

Inform patients that hypoglycemia may occur when Metformin Hydrochloride Tablets are coadministered with oral sulfonylureas and insulin. Explain to patients receiving concomitant therapy the risks of hypoglycemia, its symptoms and treatment, and conditions that predispose to its development [See *Warnings and Precautions* (5.3)].

Vitamin B₁₂ Deficiency:

Inform patients about importance of regular hematological parameters while receiving Metformin Hydrochloride Tablets [See *Warnings and Precautions* (5.2)].

Females of Reproductive Age:

Inform females that treatment with Metformin Hydrochloride Tablets may result in ovulation in some premenopausal anovulatory women which may lead to unintended pregnancy [see *Use in Specific Populations* (8.3)].

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Rev: 08/19

PATIENT INFORMATION	
Metformin Hydrochloride Tablets, USP	
(met 'for' min 'hye' droe 'klor' ide)	

Read the Patient Information that comes with Metformin Hydrochloride Tablets before you start taking it and each time you get a refill. There may be new information. This leaflet does not take the place of talking with your healthcare provider about your medical condition or treatment.

What is the most important information I should know about Metformin Hydrochloride Tablets?

Serious side effects can happen in people taking Metformin Hydrochloride Tablets, including:

Lactic Acidosis. Metformin hydrochloride, the medicine in Metformin Hydrochloride Tablets, can cause a rare, but serious, side effect called lactic acidosis (a build-up of lactic acid in the blood) that can cause death. Lactic acidosis is a medical emergency and must be treated in a hospital.

Stop taking Metformin Hydrochloride Tablets and call your healthcare provider right away if you get any of the following symptoms of lactic acidosis:

- feel very weak and tired
- have unusual (not normal) muscle pain
- have trouble breathing
- have unusual sleepiness or sleep longer than usual
- have unexplained stomach or intestinal problems with nausea and vomiting, or diarrhea
- feel cold, especially in your arms and legs
- feel dizzy or lightheaded
- have a slow or irregular heartbeat

You have a higher chance of getting lactic acidosis if you:

- have kidney problems. People whose kidneys are not working properly should not take Metformin Hydrochloride Tablets.
- have liver problems.
- have congestive heart failure that requires treatment with medicines.
- drink a lot of alcohol (very often or short-term "binge" drinking).
- get dehydrated (lose a large amount of body fluids). This can happen if you are sick with a fever, vomiting, or diarrhea. Dehydration can also happen when you sweat a lot with activity or exercise and do not drink enough fluids.
- have certain x-ray tests with injectable dyes or contrast agents.
- have surgery.
- have a heart attack, severe infection, or stroke.
- are 80 years of age or older and have not had your kidney function tested.

What are Metformin Hydrochloride Tablets?

- Metformin Hydrochloride Tablets are prescription medicines that contain metformin hydrochloride. Metformin Hydrochloride Tablets are used with diet and exercise to help control high blood sugar (hyperglycemia) in adults with type 2 diabetes.
- Metformin Hydrochloride Tablets are not for people with type 1 diabetes.
- Metformin Hydrochloride Tablets are not for people with diabetic ketoacidosis (increased ketones in your blood or urine).

Metformin Hydrochloride Tablets help control your blood sugar in a number of ways. These include helping your body respond better to the insulin it makes naturally, decreasing the amount of sugar your liver makes, and decreasing the amount of sugar your intestines absorb. Metformin Hydrochloride Tablets do not cause your body to make more insulin.

Who should not take Metformin Hydrochloride Tablets?

Some conditions increase your chance of getting lactic acidosis, or cause other problems if you take either of these medicines. Most of the conditions listed below can increase your chance of getting lactic acidosis.

Do not take Metformin Hydrochloride Tablets if you:

- have kidney problems
- are allergic to the metformin hydrochloride in Metformin Hydrochloride Tablets or any of the ingredients in Metformin Hydrochloride Tablets. See the end of this leaflet for a complete list of ingredients in Metformin Hydrochloride Tablets.
- are going to get an injection of dye or contrast agents for an x-ray procedure or if you are going to have surgery and not able to eat or drink much. In these situations, Metformin Hydrochloride Tablets will need to be stopped for a short time. Talk to your healthcare provider about when you should stop Metformin Hydrochloride Tablets and when you should start Metformin Hydrochloride Tablets again. See **"What is the most important information I should know about Metformin Hydrochloride Tablets?"**
- What should I tell my healthcare provider before taking Metformin Hydrochloride Tablets?**
Before taking Metformin Hydrochloride Tablets, tell your healthcare provider if you:
 - have type 1 diabetes. Metformin Hydrochloride Tablets should not be used to treat people with type 1 diabetes.
 - have a history or risk for diabetic ketoacidosis (high levels of certain acids, known as ketones, in the blood or urine).