Dispense with Medication Guide available at: www.epic-pharma.com/medguide/Citalopram-Tablet.pdf	<ul> <li>f What are the possible side effects of citalopram tablets?</li> <li>Citalopram tablets may cause serious side effects, including:         <ul> <li>See, "What is the most important information I should know about citalopram tablets?"</li> <li>Heart rhythm problems. Citalopram tablets may cause a serious change in your heartbeat (a fast or irregular)</li> </ul> </li> </ul>	
MEDICATION GUIDE		
Citalopram (suh-ta-luh-pram)		
Tablets, for oral use	• heartbeat) that may cause death. Tell your healthcare p	
What is the most important information I should know about citalopram tablets?	have a change in your heart beat.	To vider right away if you reer failt of pass out, of if yo
Citalopram tablets may cause serious side effects, including:	• Serotonin syndrome. Taking citalopram tablets can	cause a potentially life-threatening problem calle
• Increased risk of suicidal thoughts and actions. Citalopram tablets and other antidepressant medicines may increase suicidal thoughts and actions in some children, adolescents, and young adults especially	serotonin syndrome. The risk of developing serotonin	n syndrome is increased when citalopram tablets
within the first few months of treatment or when the dose is changed. Citalopram tablets are not for	taken with certain other medicines. See, "Who should	
use in children.	provider or go to the nearest hospital emergency ro	oom right away if you have any of the following sig
$\circ$ Depression and other mental illnesses are the most important causes of suicidal thoughts and actions.	and symptoms of serotonin syndrome:	- cooling or booring things that are not real
How can I watch for and try to prevent suicidal thoughts and actions in myself or a family member?	o agitation	<ul> <li>seeing or hearing things that are not rea (hallucinations)</li> </ul>
• Pay close attention to any changes, especially sudden changes in mood, behavior, thoughts, or feelings, or if	<ul> <li>○ confusion</li> <li>○ fast heart beat</li> </ul>	$\circ$ coma
you develop suicidal thoughts or actions. This is very important when an antidepressant medicine is started	<ul> <li>dizziness</li> </ul>	<ul> <li>blood pressure changes</li> </ul>
or when the dose is changed.	<ul> <li>flushing</li> </ul>	○ sweating
<ul> <li>Call your healthcare provider right away to report new or sudden changes in mood, behavior, thoughts, or feelings.</li> </ul>	<ul> <li>tremors, stiff muscles, or muscle twitching</li> </ul>	$\circ$ high body temperature (hyperthermia)
<ul> <li>Keep all follow-up visits with your healthcare provider as scheduled. Call your healthcare provider between</li> </ul>	<ul> <li>seizures</li> </ul>	<ul> <li>loss of coordination</li> </ul>
visits as needed, especially if you have concerns about symptoms.		o nausea, vomiting, diarrhea
Call your healthcare provider or get emergency medical help right away if you or your family member	Increased risk of bleeding. Taking citalopram tablet     (NSAIDa) warfaria ar blood thispars may add to this risk.	s with aspirin, non-steroidal anti-inflammatory drug
have any of the following symptoms, especially if they are new, worse, or worry you:	(NSAIDs), warfarin or blood thinners may add to this ri- unusual bleeding or bruising.	sk. Tell your nealtricare provider right away about a
thoughts about suicide or dying         e attempts to commit suicide	<ul> <li>Manic episodes. Manic episodes may happen in peop</li> </ul>	ole with bipolar disorder who take citalopram table
new or worse depression     new or worse anxiety	Symptoms may include:	
feeling very agitated or restless         acting on dangerous impulses         acting a dangerous impulses	<ul> <li>greatly increased energy</li> </ul>	$\circ$ severe trouble sleeping
<ul> <li>trouble sleeping (insomnia)</li> <li>acting aggressive, being angry, or violent</li> <li>new or worse irritability</li> </ul>	<ul> <li>racing thoughts</li> </ul>	<ul> <li>reckless behavior</li> </ul>
<ul> <li>acting aggressive, being angry, or violent</li> <li>an extreme increase in activity or talking (mania)</li> <li>other unusual changes in behavior or mood</li> </ul>	<ul> <li>unusually grand ideas</li> <li>talking more or factor than usual</li> </ul>	$\circ$ excessive happiness or irritability
	<ul> <li>o talking more or faster than usual</li> <li>■ Discontinuation oundrame. Suddenly atoming aital</li> </ul>	oprom tablata may aquae you ta have accieve d
What are citalopram tablets?	<ul> <li>Discontinuation syndrome. Suddenly stopping citalopram tablets may cause you to have serious si effects. Your healthcare provider may want to decrease your dose slowly. Symptoms may include:</li> </ul>	
Citalopram tablets are a prescription medicine used to treat a certain type of depression called Major Depressive Disorder (MDD) in adults.	<ul> <li>nausea</li> </ul>	<ul> <li>sweating</li> </ul>
It is not known if citalopram tablets are safe and effective for use in children.	<ul> <li>changes in your mood</li> </ul>	$\circ$ headache
Who should not take citalopram tablets?	<ul> <li>irritability and agitation</li> </ul>	○ tiredness
Do not take citalopram tablets if you:	<ul> <li>o dizziness</li> </ul>	<ul> <li>problems sleeping</li> </ul>
• take a Monoamine Oxidase Inhibitor (MAOI)	<ul> <li>electric shock sensation (paresthesia)</li> </ul>	<ul> <li>○ hypomania</li> <li>↓ ringing in your constants)</li> </ul>
<ul> <li>have stopped taking an MAOI in the last 14 days</li> </ul>	<ul> <li>○ anxiety</li> <li>○ confusion</li> </ul>	<ul> <li>ringing in your ears (tinnitus)</li> <li>seizures</li> </ul>
<ul> <li>are being treated with the antibiotic linezolid or intravenous methylene blue</li> </ul>	Seizures (convulsions).	
take pimozide	• Eye problems (angle-closure glaucoma). Many an	tidepressant medicines, including citalopram tablet
• are allergic to citalopram or any of the ingredients in citalopram tablets. See the end of this Medication Guide	may cause a certain type of eye problem called angle-closure glaucoma. Call your healthcare provider if your	
for a complete list of ingredients in citalopram tablets.	have changes in your vision or eye pain.	
Ask your healthcare provider or pharmacist if you are not sure if you take an MAOI, including MAOIs such as linezolid or intravenous methylene blue.	• Low sodium levels in your blood (hyponatremia).	
Do not start taking an MAOI for at least 14 days after you stop treatment with citalopram tablets.	may cause death. Elderly people may be at greater risk develop any signs or symptoms of low sodium levels in	
Before taking citalopram tablets, tell your healthcare provider about all your medical conditions,	Signs and symptoms of low sodium levels in your blood	
including if you:	<ul> <li>headache</li> </ul>	<ul> <li>o difficulty concentrating</li> </ul>
<ul> <li>have or have a family history of suicide, depression, bipolar disorder, mania or hypomania</li> </ul>	<ul> <li>memory changes</li> </ul>	<ul> <li>confusion</li> </ul>
have an abnormal heart rhythm called QT prolongation	<ul> <li>weakness and unsteadiness on your feet which can</li> </ul>	ead
• have or had heart problems, including a heart attack, heart failure, abnormal heart rhythm, or long QT syndrome	to falls	
<ul> <li>have low potassium, magnesium, or sodium levels in your blood</li> <li>have or had bleeding problems</li> </ul>	In severe or more sudden cases, signs and sympton	ms include:
<ul> <li>have of had bleeuing problems</li> <li>have or had seizures (convulsions)</li> </ul>	$\circ$ hallucinations (seeing or hearing things that are not	
<ul> <li>have high pressure in the eye (glaucoma)</li> </ul>	• seizures	<ul> <li>○ coma</li> <li>○ death</li> </ul>
have or had kidney or liver problems	• stopping breathing	o death
• are pregnant or plan to become pregnant. Citalopram tablets may harm your unborn baby. Taking citalopram	Sexual problems (dysfunction). Taking selective served are been as a served problems	tonin reuptake inhibitors (SSRIs), including citalopra
tablets late in pregnancy may lead to an increased risk of certain problems in your newborn. Talk to your	tablets, may cause sexual problems.	
<ul> <li>healthcare provider about the risks and benefits of treating depression during pregnancy.</li> <li>Tell your healthcare provider right away if you become pregnant or think you may be pregnant during</li> </ul>	<ul> <li>Symptoms in males may include:</li> <li>Delayed ejaculation or inability to have an ejaculation</li> </ul>	1
treatment with citalopram tablets.	<ul> <li>Decreased sex drive</li> </ul>	1
• There is a pregnancy registry for females who are exposed to citalopram tablets during pregnancy. The	<ul> <li>Problems getting or keeping an erection</li> </ul>	
purpose of the registry is to collect information about the health of females exposed to citalopram tablets	Symptoms in females may include:	
and their baby. If you become pregnant during treatment with citalopram tablets, talk to your healthcare	• Decreased sex drive	
provider about registering with the National Pregnancy Registry for Antidepressants. You can register by calling 1-844-405-6185 or visiting online at https://womensmentalhealth.org/research/pregnancyregistry/	<ul> <li>Delayed orgasm or inability to have an orgasm</li> <li>Talk to your boothears provider if you develop any shap</li> </ul>	noo in your poyual function or if you have any much
antidepressants.	Talk to your healthcare provider if you develop any chan or concerns about sexual problems during treatment	
<ul> <li>are breastfeeding or plan to breastfeed. It is not known if citalopram pass into your breast milk. Talk to your</li> </ul>	your healthcare provider can suggest.	the bride territ of the territe in ay be used in the
healthcare provider about the best way to feed your baby during treatment with citalopram tablets.	The most common side effect of citalopram tablets is delayed ejaculation.	
• If you breastfeed during treatment with citalopram tablets, call your healthcare provider right away if your	These are not all the possible side effects of citalopram ta	
baby develops sleepiness or fussiness, or is not feeding or gaining weight well.	Call your doctor for medical advice about side effects. You	
Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, witaming, and borbal supplements	How should I store citalopram tablets?	
medicines, vitamins, and herbal supplements.	Store citalopram tablets at room temperature between	68°F to 77°F (20°C to 25°C).
Citalopram tablets and other medicines may affect each other causing possible serious side effects. Citalopram tablets may affect the way other medicines work and other medicines may affect the way citalopram tablets	Keep citalopram tablets and all medicines out of th	
work.	General information about the safe and effective use	
Especially tell your healthcare provider if you take:	Medicines are sometimes prescribed for purposes other	than those listed in a Medication Guide. Do not u
<ul> <li>medicines used to treat migraine headaches known as triptans</li> </ul>	citalopram tablets for a condition for which it was not prescribed. Do not give citalopram tablets to other people	
tricyclic antidepressants	even if they have the same symptoms that you have. It ma pharmacist for information about citalopram tablets that i	
• fentanyl		

- fentanyl
- lithium
- tramadol
- tryptophan
- buspirone
- amphetamines
- St. John's Wort
- medicines that can affect blood clotting such as aspirin, nonsteroidal anti-inflammatory drugs (NSAIDs) and warfarin
- diuretics
- methadone
- gatifloxacin or moxifloxacin
- medicines used to control your heart rate or rhythm (antiarrhythmics)
- medicines used to treat mood, anxiety, psychotic or thought disorders, including selective serotonin reuptake inhibitors (SSRIs) and serotonin norepinephrine reuptake inhibitors (SNRIs)

Ask your healthcare provider if you are not sure if you are taking any of these medicines. Your healthcare provider can tell you if it is safe to take citalopram tablets with your other medicines.

Do not start or stop any other medicines during treatment with citalopram tablets without talking to your healthcare provider first. Stopping citalopram tablets suddenly may cause you to have serious side effects. See, "What are the possible side effects of citalopram tablets?"

Know the medicines you take. Keep a list of them to show to your healthcare provider and pharmacist when you get a new medicine.

## How should I take citalopram tablets?

- Take citalopram tablets exactly as your healthcare provider tells you to take it. Do not change your dose or stop taking citalopram tablets without first talking to your healthcare provider.
- Your healthcare provider may need to change the dose of citalopram tablets until it is the right dose for you.
- Take citalopram tablet 1 time each day with or without food.
- If you take too much citalopram tablets, call your healthcare provider or poison control center at 1-800-222-1222, or go to the nearest hospital emergency room right away.

Inactive ingredients: colloidal silicon dioxide, corn starch, crospovidone, hypromellose, lactose monohydrate, magnesium stearate, polyethylene glycol, polysorbate 80 and titanium dioxide.

This Medication Guide has been approved by the U.S. Food and Drug Administration.

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What are the ingredients in citalopram tablets?

Active ingredient: citalopram hydrobromide, USP

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